

@nywusa News

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Mission Statement:

“The purpose of OMI is to instill resiliency skills through education and developing life skills to “at-risk” youth in hopes that they will become productive members of society.

To provide opportunities that will focus on the entire mind, body, soul and spirit.”

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Donation Campaign!

We are celebrating our **Anniversary**. We are asking **20 people to**



donate \$25, \$50, or \$100 to support National Youth Week go to www.nywusa.com and select Donate or our PayPal is info@nywusa.com! Help make this week special for our youth!

National Youth Week Team Leads!

Meet the Team. These are our Youth Team Leads Zech for Community Service, Paris for TeamWork, Asija for Innovation, and Keira for Achievement.

National Youth Week is less than 30 days away we are excited to be partnering with AT&T Veterans and Operation Gratitude for our kick off with Community Service. We are also partnering with Woman of AT&T to close our our achievement celebration. **Click here** to hear our plans from our Leads. We also will have a list of all our activities during our week at www.nywusa.com



Zechariah Adams Duckson
Community Service



Asija Woodson
Innovation



Paris Pettiford
Teamwork



Keira Gilmore
Achievement

Note From President:

I am encouraging all young people everywhere to fight! You might say that sounds strange since we are always teaching conflict resolution and anger management however, this isn't the type of fight you are thinking of. This is a fight within themselves to push through their negative thoughts, their depression their unmet expectations and the things that are keeping them down. The word fight according to the dictionary means

"to engage in battle or in single combat; attempt to defend oneself against or to subdue, defeat, or destroy an adversary. to contend in any manner; strive vigorously for or against something."



I am fighting everyday for the lives and well being of our YOUTH and I encourage you to join me. Here are some ways you can do that. Call or message a teenager in

your life. Send a note to let them know you are thinking about them snail mail still works. Share a game or brain teaser that you could do as a competition. Send a video message of how important they are to you. The greatest way is join them in National Youth Week June 13-19. We will have education, fun, competition, and ways to bond. Hope to see you meet the team. These are our Youth Team Leads: Zech for Community Service, Paris for TeamWork, Asija for Innovation, and Keira for Achievement.

Resiliency In the Face of the Unknown!



We all know that today's times are not like 6 months ago. We are now living in a brave new world that quite honestly is not even the new normal, its still the unknown. How we will recover from the COVID-19 pandemic? Will students return back to school, parents and adults back to their jobs? Will I ever travel again, and get back to my beloved island of Aruba for vacation? What I challenge all the readers today though is to be resilient. This article is part of a 3-part series "Resiliency, Perseverance, Teamwork." We will talk about how to be "resilient" here and then in the June conference, we will address persevering through tough times and the value of teamwork.

Resiliency is the ability to recover quickly from difficulties. It's that mental and emotional toughness that allows us to deal with a crisis swiftly. It's a trait that some of us don't even know we have inside of us! When being resilient, you can control your emotions, think through how to deal with controversies.

Who is a good example in today's world? Andrew Cuomo, Governor of the State of New York. Governor Cuomo is someone who comes to mind for me as being very resilient. He is governing one of the greatest states, New York, (my home state) which is a hotbed for the COVID-19 pandemic. At the time of writing this article, there are over 343,000 confirmed cases and 22,170 deaths. In total 6.4% of those infected are leaving this earth. While as Governor, he is working to stock and stabilize the hospitals, mobilize emergency response, keep the government operational and manage the press. While doing all of this, he is steadfast in his quest to provide structure, calm and direction for his state. This in my opinion is the ultimate show of resiliency - strong under pressure, poised and in control, uplifting character, confidence and very humble. We have seen all of those traits demonstrated in Governor Cuomo. (not to mention his brother Chris Cuomo, CNN television journalist, was diagnosed with COVID-19 at the same time of all this going on).

So, I ask of you, reading this newsletter today...what can you do to rise above? Show excellence, present positivity amidst a world of unknown, be a problem solver and carry out realistic plans that matter. These are some of the characteristics that each of you can take on to be more resilient. We cannot do it alone. Are you ready?

-Fern Johnson