

@nywusa News

stateyourcase.us | nywusa.com | Editor: Cecil Bundick | Co-Editor: Melody Mashouf

Mission Statement:

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"The purpose of OMI is to instill resiliency skills through education and developing life skills to "at-risk" youth in hopes that they will become productive members of society.

To provide opportunities that will focus on the entire mind, body, soul and spirit."

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Back To School During COVID-19:

COVID feels never-ending. As a mom/parent I can't help but think about my kids' future and what it would look like. Constantly thinking and preparing ways to protect them against something that appears to be unreachable is exhausting. Yes, we are all greatly affected by this pandemic. Nevertheless, as a momma bear, I do not like when it feels like someone or something is messing with my babies. All momma bears become protective and a little smothering. August 2020 one of these momma bear cubs had to leave the den to go off into the

middle of a worldwide must be transparent transform from a momma hen and sit on the nest. Okay, so you analogies right! There had to pull myself everything my family would transfer him into responsible young from his safe home into



big wide world in the pandemic. Parents, I when I say, I wanted to momma bear to a him so he couldn't leave guys get all my had to come a time that I together; trust that and I instilled in him to an amazing and man while he was away the college dorm life.

STEP 1. Set aside time with your student to go over their concerns and address any emotions they are feeling.

STEP 2. Use empathy toward your student because things are so displaced currently. Assure them that everything will be OK!

STEP 3. Be upfront about allowing time for you to check up with one another!

STEP 4. Encourage your student to reach out to their trusted circle of if they're in pain or frustrated.

STEP 5. Make sure your student knows you are proud of them for taking this big step & not allowing these circumstances to define them.

This pandemic may appear to have slowed our youth down temporarily. However, I believe the resilience they will gain from it will be remarkable. So, momma bears and hens let them soar!

Happy 18TH Birthday Zechariah, we are so proud of you!

Social Media:



Facebook.



Youtube



Twitter.



Instagram



TikTok

Note From President:

Toxic Free in 2020



The word toxic is used to describe usually a very negative person that complains about everything, spreads unnecessary hate or just talks badly about others.

A relationship that is charged with conflict and where the one person is constantly undermining the thoughts and feelings of another is called toxic. Some of the signs you are in a toxic friendship or relationship are lack of trust, feeling drained, constant judgement and all take, no give.

I am sharing this during suicide awareness month so when we see these signs we leave these relationships and don't entertain toxicity which will eventually lower our self esteem and cause us to entertain suicide.

Suicide Awareness:

Suicide is the 10th leading cause of death worldwide. and rates of completed suicide are higher in men than women worldwide. Throughout the world. an estimated 48,000 teens annually commit suicide. This is unacceptable in the eyes of NYWUSA. We MUST put an end to this suicide epidemic. September is National Suicide Prevention & Awareness Month and NYWUSA is using our platform to promote the idea that you are not alone.



Suicide Awareness and Prevention

These times can be tough. but we NEED you to know you aren't alone! Whatever it is you're going through right now is temporary. If someone indicates they are considering suicide, listen and take their concerns seriously. Don't be afraid to ask questions about their plans. Let them know you care, and they are not alone. Encourage them to seek help immediately from a knowledgeable professional. Don't leave them alone. Together we can decrease these numbers and work towards a happier world. Together.

1.1 Million kids have a plan...our job is to protect them



SUICIDE

@nywusa
National Youth Week